# DRAFT

# MINUTES CAMHPRA BOARD MEETING SAN JOSE, CA 8/2-3, 2001

8/2: 11:00 A.M. -6:00 P.M.

PRESENT [BOARD]: VICKIE ALLEN, CAROLYN SPITTLE SHIVLY, JUDY JANTZ, DAVE VANDENBERG, PAMILA LEW (WELCOME BACK!!!), JESSICA PAUL MARTINEZ, DIANE DOOLAN, JANET MARSHALL WILSON, AGNES ARVAI LINTZ, HANK HALLOWELL, DAY ALTAIR, JOYCE OTT, ADELE LYNCH

PRESENT [GUESTS]: DARKA RUCKER, STATE OFFICE OF PATIENTS' RIGHTS; MARY JO O'BRIEN, LIAISON, CALIFORNIA NETWORK OF MENTAL HEALTH CLIENTS; GEORGE CAVAHLO, SANTA CRUZ PATIENTS' RIGHTS; CATHERINE BLAKEMORE, PAI; JIM RAFAEL, SANTA CLARA COUNTY PATIENTS' RIGHTS; DAN BROOK, SANTA CLARA COUNTY PATIENTS' RIGHTS

ABSENT: DAN JORDAN, JIM PREIS, DAVE HOSSEINI, BARBARA LEIFER

I. WELCOME AND INTRODUCTIONS

ANNOUNCEMENTS: 1-MARGOT KIDDER AWARD, JESSICA PAUL MARTINEZ TO SPEAK AT, 9/20 IN LA, RE ALTERNATIVES TO MENTAL HEALTH.

2-MEDIA CONSULTANT MEETING 8/6 AT PAI IN OAKLAND – ADELE TO AND GEORGE CAVAHLO TO ATTEND BY SPEAKERPHONE. ALSO TO ATTEND: PAUL GEROWITZ, BETTY DAHLQUIST OF CASRA, SALLY ZINMAN, LORI SHEPHERD.

- II. ASSOCIATION BUSINESS
  - a. AGENDA REVIEW -- APPROVE
  - b. APPROVAL OF MINUTES M/S AGNES/DIANE UNANIMOUS
  - c. PRESIDENT'S REPORT -- CHRISTINA ROMANO, ABC PRIME TIME WANTING INFORMATION RE UNLICENSED THERAPISTS AND UNLICENSED B&C; TABLE TO PUBLIC POLICY

III. REPORT FROM OFFICE OF PATIENTS' RIGHTS AND DISCUSSION: DARLA RUCKER: RICHARD DANFORD'S RESIGNATION [HE IS NOW WORKING ON NEW SAN DIEGO PAI OFFICE AND PLANNING WORK ON RESIDENTIAL CARE PROJECT]; OPR WILL FILL THE DIRECTOR POSITION AFTER THE CONTRACT IS RENEWED. FRANK SMITH IS WORKING ON RESIDENTIAL TREATMENT FOR PENAL CODE PATIENTS. DARLA DOES COUNTY ADVOCACY PART, MICHELE DOES STATE HOSPITAL ISSUES. RFP: THESE ASSIGNMENTS WILL NOT CHANGE UNTIL NEW CONTRACT IS RESOLVED. RFP WILL BE DECIDED BY 9/26. CONTRACT: NO MORE MONEY TO DO INCREASED DUTIES. INCREASED STATE HOSPITAL CENSUS. SVP NOT INCLUDED IN DUTIES, AS NOT DUE TO OPEN UNTIL 2004. LETTERS OF SUPPORT FOR STATE OFFICE WILL BE WELCOME AND DUE BY END OF AUGUST.

JESSICA: POLICIES ON PEPPER-SPRAY IN STATE HOSPITALS AVAILABLE? YES, CALL MICHELLE MUDGETT.

SUCCESSFUL PROGRAM IN MARIN RE POLICE ON 5150. PAI REQUESTED GRANT FOR SAME WORK.

NEW HANDBOOKS SHOULD BE AVAILABLE BY PRAT TRAINING. HAS HAD TO GO TO GOVERNOR'S DESK.

DMH TO SET UP NEW PROCESS FOR DENIAL OF RIGHTS. [CONFIRM THAT TRAVEL WILL BE REIMBURSED. VOLUNTEERS WELCOME. NEXT PROJECT: MINORS RIGHTS BOOK.

ISSUE AT UPCOMING PRAT TRAINING WILL BE WORKING WITH REGIONAL CENTER CLIENTS RIGHTS ADVOCATES. HOW TWO SYSTEMS WORK TOGETHER. PAI IS PUTTING TOGETHER LAWSUITS AGAINST REGIONAL CENTER. ALL OCR'S WILL BE THERE.

TRAINING WILL BE MODULAR, EG INVESTIGATIONS, WITH WRITING, THEN HOW TO FIND WHAT YOU ARE LOOKING FOR IN DOCUMENTS SUCH AS MEDICAL RECORDS.

THERE IS NEED FOR A GRANT TO COVER THE CONFERENCE OR WE NEED TO PUT PRESSURE ON DMH – PAI HAS \$10,000 TOTAL PRAT BUDGET. FOLKS WHO DON'T NEED THE REIMBURSEMENT MONEY SHOULDN'T ACCEPT IT.

KEYNOTE SPEAKERS AT STATE TRAINING FROM MINNESOTA RE DEATHS IN STATE HOSPITAL, PUT IN UNMARKED OR MASKED

GRAVES. IN CALIFORNIA, PAI OFFERING \$500 FOR WINNING NAME OF CEMETERY PROJECT.

NEXT MAILING BEING PREPARED TO GO OUT: SPECIAL EDUCATION AND RESPONSIBILITY OF SCHOOL DISTRICT. NEXT WILL BE ABOUT REGIONAL CENTER.

DISCUSSED WORKING RELATIONSHIP BETWEEN CAMHPRA, OPR AND DMH. **OPR LIAISON COMMITTEE: DAY, VICKIE, JESSICA**, SUGGESTIONS FOR PROVIDING EFFICACY IN DELIVERY OF ADVOCACY SERVICES. SOMEONE ELSE? BIFURCATE TITLE IX FROM STATE HOSPITALS?

#### LUNCH

## IV. PUBLIC POLICY DISCUSION

# A. CARES SPONSORED BILLS - SB 891, SB 931

- 1. SB931 [BURTON] GIVES COUNTIES EXTRA MONEY FOR MENTAL HEALTH SERVICES. TARGET POPULATION. BECAME 2 YEAR BILL, HELD UP IN ASSEMBLY HEALTH.
- 2. SB891 [ESCUTIA] HANDOFF BILL. DEMONSTRATION GRANT FOR CONSUMERS TO GO INTO HOSPITALS AND ASSIST CLIENTS IN ACCESSING SERVICES IN COMMUNITY, PROVIDES MONEY FOR SERVICES. SUPPORT. RATIONALE: HOSPITALS ARE REQUIRED TO DO DISCHARGE PLANNING, BUT OFTEN SERVICES ARE NOT AVAILABLE. AMENDED TO: MENTAL HEALTH DIRECTOR WILL WORK WITH STAKEHOLDER GROUP OF MENTAL HEALTH CLIENTS TO MAKE THIS HAPPEN. EXCLUDES STATE HOSPITAL RESIDENTS. ONGOING DEFINITION OF SELF-HELP GROUP: HOOK-UP WITH PROVIDER. DO GRANTS ALLOW FOR START-UP COSTS? FISCAL INTERMEDIARIES TAKE AWAY CLIENTS' AUTONOMY.

#### B. AB 1421 – 1425

1. AB 1421 MADE 2-YEAR BILL; NOT UP AGAIN UNTIL JANUARY. STEINGERG SOLD US DOWN THE

- RIVER IN ASSEMBLY JUDICIARY. STEINBERG MADE CRITERIA HAVING BEEN OFFERED 2034 SERVICES AND REFUSING THEM. PSYCHOLOGISTS OPPOSE [TURF BATTLE]. STILL IN APPROPRIATIONS.
- 2. AB 1425 IN ASSEMBLY STILL IN JUDICIARY AS 2-YEAR BILL. OPPOSE AND WATCH. WOULD ALLOW ENTREPRENEURS TO SET UP HOMES WITH NO SCRUTINY OR OVERSIGHT. COUNTY HAS ROLE IN MONITORING TREATMENT NEEDS; CLEARLY CARE AND SUPERVISION W/O LICENSE. CLIENTS WOULD BE EXPLOITED. NO PROVISIONS ALLOWING ADVOCACY. NO ROLE FOR LICENSING. COUNTIES WILL MONITOR.
- 3. AB1479 TO INSURE INDEPENDENCE OF MENTAL HEALTH BOARDS AND CALMH BOARDS, TO REPORT DIRECTLY TO LEGISLATURE. SUPPORT.
- 4. AB1422 [THOMSON] MH JOINT COMMISSION BILL. HEARD IN APPROPRIATIONS ON 8/20. IMPLEMENTS LITTLE HOOVER COMMISSION RECOMMENDATIONS. AMENDED TO INCLUDED CONSUMERS AND A FAMILY MEMBER. ORIGINALLY CAMHPRA SUPPORTED IN CONCEPT, AS GIVING ENTITLEMENT TO MH SERVICES. ELIMINATED "TO EXTENT FUNDS AVAILABLE" FROM SHORT-DOYLE SERVICES. CONFUSING. WILL NOT GET FUNDED. LET IT DIE. USE FOR ANY POSSIBLE POLITICAL LEVERAGE.
- 5. AB1424 [THOMSON] IMPACTS PROBABLE CAUSE HEARINGS: may to shall, hearing officers actually read the chart, attendance of family at hearings. judges have signed off. to judiciary on 8/21. arguably shifts burden of proof. choice: lobby and go to hearing, and/or deal. consider amendments: page4, line 21: information presented orally from the medical records, also tie line 23 in to 5328 so they can give but not hear]. try to get notice to advocate if family member will attend. line 28: to the patient's advocate/legal representative prior to the hearing and to the court at the hearing. HANK PREPARED DRAFT LETTER 8/2. 1424 COMMITTEE: HANK, DAY, ADELE, DIANE. HAVE POWER TO TESTIFY, LOBBY, NEGOTIATE IF HAVE CCONSENSUS. 8/21 TUESDAY GOES TO JUDICIARY COMMITTEE.
- C. OTHER LEGISLATION AB 334, AB 677, AB 925, SB 520

- 1. AB334 [STEINBERG] SUPPORT LETTERS ON WEB PAGE. HEARD IN SENATE APPROPRIATIONS 8/20.
- 2. AB677 FIXES A GAP WHICH PROHIBITS PEOPLE FROM SUING STATE OF CA [ADA]. SUPPORT. HEARD IN APPROPRIATIONS 8/20
- 3. AB 925 TICKET TO WORK. DIANE DOOLAN'S LETTER IN SUPPORT.
- 4. SB 520 [CHESBRO] HOUSING. MANDATES COUNTIES TO COME UP WITH HOUSING PLANS INCLUDING FOR DISABLED; WHERE TO PUT; TRANSPORTATION. NEED TO GET LETTER OUT. DAVE VANDENBERG TO WRITE LETTER TO APPROPRIATE COMMITTEE SOON, WITHIN DEADLINE.
- 5. CONSERVATORSHIP-LIGHT BILL COMING: DAY, HANK, DIANE, ADELE, DAVE V., MARY JO. STRATEGY TO SHORT-CIRCUIT THOMSON.
- 6. AB969, [CHAN] [JIM RAFAEL REPORTING] WOULD DRAMATICALLY GIVE CLIENTS MORE READY CASH, BOLSTER THE ECONOMY. REDUCES SHARE OF COST. SOMEWHERE ON SENATE SIDE NOW. M/S JOYCE/AGNES TO SUPPORT, UNANIMOUSLY.
- 7. FROM DMH THIS WEEK: GOVERNOR'S BUDGET [JOYCE OTT REPORTING] DIRECTORS LOOKING AT SHORTAGE OF BEDS IN NO. CA. GOVERNOR TOOK OUT 2,095,000 OUT OF BASE OF CHILDREN'S SYSTEM OF CARE. CUT ADVOCACY POSITION [LITTLE HOOVER POSITION]. DISALLOW STATE COLA. CUT DUAL DIAGNOSIS GRANT, CUT SUICIDE PREVENTION, CUT IMD TRANSITION, CUT PERINATAL AND MOBILE RESPONSE TEAMS, REALIGNMENT FUNDS USED FOR IHSS. SB891: CONTRACT W PEER LIAISONS FOR HOSPITALS CUT. SUPPORTIVE HOUSING [NEW PROGRAMS] CUT. NEW PROJECTS CUT. REALIGNMENT DOWN BY 7%. ALL NEW MONEY CUT.

- 1. PEPPER SPRAY
- 2. SERVICE ANIMALS—ISSUE OF DISCRIMINATION AGAINST PEOPLE WITH PSYCHIATRIC DISABILITIES. REFERRED TO AGNES.
- V. REPORT FROM CALIFORNIA NETWORK OF MENTAL HEALTH CLIENTS: SALLY ZINMAN NOT PRESENT -- NO REPORT

#### VI. REPORT FROM PAI

CATHERINE BLAKEMORE ATTENDED AND SPOKE ABOUT THE RFP AND, AMONG OTHER THINGS, FINDING A LOCATION FOR THE NEW SAN DIEGO PAI OFFICE.

PAMILA LEW: MENTAL HEALTH UNIT CALLED PAMI [PROTECTION & ADVOCACY FOR PEOPLE WITH MENTAL ILLNESS. NOW CRITERIA TO INCLUDE PEOPLE LIVING IN COMMUNITY, MORE THAN 90 DAYS FROM DISCHARGE. [COMMUNITY MANDATE] TRY TO LOOK AT MORE SYSTEMIC WAYS OF ADDRESSING RATHER THAN CASE BY CASE BASIS, EG IMPACT LITIGATION AND SYSTEMIC LEGISLATION. WILL LOOK MORE AT BOARD AND CARES. MOST IMPORTANT ISSUE FOR THOSE IN INSTITUTIONS: S/R. ADVOCATE/ATTORNEY OPENINGS. LA COUNTY: ISSUE OF SPECIAL ED FOR KIDS IN JUVENILE HALL, ONLY BECAUSE OF RESISTING S/R.

MARY JO: OHLMSTEAD. NEEDS HELP IDENTIFYING CASES FOR OHLMSTEAD LITIGATION IN CA. TRY TO MOVE OHLMSTEAD INTO AN ENTITLEMENT, FOR SAME LEVERAGE AS REGIONAL CENTER. HALE AND HALE2, EMILY Q. LAGUNA HONDA. WHERE ARE THE MENTAL HEALTH CASES? NOW COMMITTEE OF ALL CA PAI ATTORNEYS CALLED OHLMSTEAD UMBRELLA. PAMILA: IMPORTANT TO ADDRESS OHLMSTEAD, AGREES. JESSICA: IMPORTANCE OF PAI AND TITLE IX ADVOCATES WORKING TOGETHER. DARLA: INFORMATION LETTER COMING OUT RE DMH, OPR, AND PAI.

AGNES: WORKS A LOT WITH ANN COLLER RE ADVANCED DIRECTIVES AND ENFORCEMENT OF A.D. TRAINING THE TRAINERS. DISCUSSION OF ADVANCED DIRECTIVES. A PROJECT OF THE FAR NORTH REGION OF CNMHC. ADVANCED DIRECTIVES FOR HOUSING A PROJECT OF BAY AREA REGION OF CNMHC. ISSUES OF TRANSLATING ADVANCED DIRECTIVES, BUT HAVING ONE IN ENGLISH FOR THE FACILITY. CAN WE WRITE A GRANT

AFTER SEPTEMBER TO GET MONEY TO PRODUCE BOOKLET ON HOW TO DO ADVANCED DIRECTIVES? ALSO WORKING ON SEX CASE AT NAPA STATE HOSPITAL, WHICH LIMITS SOCIAL INTERACTION AT THE HOSPITAL IN PRIVATE.

MELINDA BIRD IS WORKING ON ISSUE OF KIDS TRAPPED BETWEEN DIFERENT SERVICES.

## VII. SPECIAL PROJECTS REPORTS:

A. RESIDENTIAL/COMMUNITY CARE WORK GROUP AND UPDATE

JESSICA: RENTAL REBATE PROGRAM IN LA. HOPES FOR BOARD AND COMMITTEE FOR BOTH SAN DIEGO AND LA. NEED TO FIND MORE TIME TO WORK ON RESIDENTIAL WORK. GRANT MAY BE AVAILABLE AGAIN – RICHARD DANFORD WANTS TO TALK TO B&C WORK GROUP.

B. SECLUSION AND RESTRAINT PROJECT UPDATE

DARLA HAS GOOD EXAMPLES OF POLICY. JANET NEEDS A TOOL FOR NEW HCFA AND JCAHO STANDARDS. ALSO A TOOL FOR TAKEDOWNS.

VIII. PLANNING FOR ANNUAL LUNCHEON AND MEETING

WE ALWAYS TAKE A LOSS AT THE LUNCHEON, GIVING AWAY ABOUT 30 LUNCHES. BUFFETS TAKE LONGER. COST OF LUNCHEON LAST YEAR \$25. USUALLY CHICKEN DISH AND VEGETARIAN DISH. HOW MANY FREE MEALS TO OFFER OUT? SELL BUTTONS AGAIN THIS YEAR? BRAINSTORMING RE LUNCHEON SPEAKER: ELLEN DANCHIK, LOREN MOSHER?

8/3: 9:00 A.M. – NOON

- I. REVIEW AND FURTHER PLANNING FOR ANNUAL LUNCHEON AND MEETING; **CAROLYN TO CONTACT JANET NEXT WEEK RE SALE OF MORE BUTTONS.** DISCUSSION OF LEGISLATOR, PROVIDER AND ADVOCATE OF YEAR AWARDS.
- II. ORGANIZATION LIAISON REPORTS
  - A. CALIFORNIA COALITION FOR MENTAL HEALTH
  - B. MENTAL HEALTH PLANNING COUNCIL HANDOUT DISTRIBUTED PRIOR.

#### III. COMMITTEE REPORTS

- A. TREASURER ISSUE OF RAISING DUES DISCUSSED.
- B. MEMBERSHIP COMMITTEE: CAROLYN, GEORGE
  CAVALHO, VICKIE, DIANE. THERE ARE 178 TITLE IX
  ADVOCATES BUT ONLY 69 HAVE JOINED CAMHPRA.ISSUE OF
  REVISING MEMBERSHIP CATEGORIES CONSISTENT WITH
  BYLAWS DISCUSSED. CHANGES WOULD NEED TO BE BOARDAPPROVED. DIANE TO GET "JOIN CAMHPRA" FLYER TO
  DARLA BEFORE PRAT. SOME DISCUSSION ABOUT LETTER
  EXPLAINING WHY TO JOIN. DISCUSSION OF INVOICING.
  DISCUSSION OF RECRUITMENT AT COALITION MEETIGS.
  DISCUSSION OF NAME TAGS FOR PRAT STATING "CAMHPRA
  BOARD MEMBER ASK ME ABOUT JOINING."
- C. COMMUNICATIONS REPORT FROM THE WEB MASTER
  - 1. UPDATE ON REVISING "CAMHPRA COOKBOOK"
    - SOME WORK HAS BEEN DONE, ADELE TO NAG GROUP [JIM RAPHAEL, TERRY (SAN DIEGO), AGNES, DIANE, DAVE V.]
    - 2. DAY WANTS FEEDBACK ON WEBSITE; FORUM PAGE: FOLKS NEED TO SUBMIT ARTICLES.
- IV. ESTABLISHING A NOMINATING COMMITTEE: DAN JORDAN TO CHAIR WITH DAVE VANDENBERG; ALSO ADELE, DIANE, JUDY. NOTE WE NEED TO GET CENTRAL REGION INVOLVED.
- V. COALITION UPDATES

## -HANK WILL MAKE LIST OF LOCAL REPRESENTATIVE DUTIES

- A. CENTRAL: BIG MEETING, DOING BETTER
- B. FAR NORTH: HAS NOT MET FOR 6 YEARS; DARLA & VICKIE WILL PULL TOGETHER
- C. BAYPAC: 2 COUNTIES AND OPR SHOWED UP. NEXT MEETING 4<sup>TH</sup> THURSDAY IN OAKLAND
- D. SOUTH: NO MEETING OCCURRED
- VI. GENERAL DISCUSSION/OTHER BUSINESS
  - A. REVIEW COMMITTEE STRUCTURE
  - **B. GOAL SETTING**
  - C. REVIEW ASSIGNMENTS SEE SEPARATE DOCUMENT