

C * A * M * H * P * R * A

California Association of Mental Health Patients' Rights Advocates

Board Meeting Minutes
Wednesday, January 9, 2019
Time: 10:00 AM - 3:00 PM
Via Conference Call

I. Call to Order

a. Introductions and Roll Call

Member/Title	County
Jill Ward / President	Shasta
Joshua Bryant / Vice President	Sacramento
Melody Beltz / Secretary	Humboldt
Gloria Hernandez / Central Valley	Fresno
Jean McDonald / At Large	San Diego
Megan Wheelehan / BAYPAC	Santa Clara
Jim Raphael / At Large	Santa Clara
Richard Krzyzanowski - DRC / At Large	Los Angeles Area
Wendy Cheula / Far North	Siskiyou
Martin Hernandez / South	Los Angeles
Christina Kraushar / At Large	Merced
Mike Phillips / At Large	San Diego

II. Housekeeping

a. Roll Call – Quorum – met

b. Treasurer's Report: Report balance \$7,908.78. Donations from Feb – Dec 2018 by Network of Good in the amount of \$565.00.

Currently there are 73 members. 2017-2018 taxes are in order and have been filed. Franchise tax board forms; RRF-1 due April 15, 2019 and IRS 990N due May 15, 2019. Annette Tran is resigning her position as Treasurer on May 1, 2019. Gloria makes a motion to approve the Treasurer's Report Richard seconds, matter opened for discussion, no discussion, all in favor, the motion carries.

c. Approval of Minutes After striking the second sentence of the BAYPAC section, Richard moves to approve the minutes from September 26, 2018 the motion is seconded by Jim, matter is opened for discussion, no further discussion, the motion is approved.

C * A * M * H * P * R * A

III. Statewide Business

a. PRA Legislation Update/Discussion

There are three Senate Bills sponsored by Senator Beall – SB 10, SB 11 and SB 12. See details under Section VII – Public Policy.

b. CAMHPRA Policy Platform Update

No update at this time.

c. San Benito County Lawsuit Update

No update at this time.

d. DRA Lawsuit Update

No update at this time.

IV. PRAT 2019/CAMHPRA Luncheon

a. Luncheon Planning Update

The next PRAT will be in Sacramento on April 3, 4, and 5, 2019. Jill read Annette's email to her with items to be decided upon. The first being the theme. Last year's theme was "Advocacy for Change." Annette has three suggestions 1) "Building Tomorrow Together" 2) "Creating Our Future." 3) Empower, Advocate and Collaborate. Annette volunteers to put together decorations (with at least 2 volunteers), create tickets, flyer, registrations documents, will arrange catering, purchase frames and certificates. She will need \$100 check for the Steve M award and a \$400 check for the speaker. Annette also would like all RSVPs by March 27, 2019.

b. Guest Speaker Committee

Jim, Sam and Richard agree to work on this committee. Jill suggest Collette Hughes be our guest speaker. Jill feels she would be receptive to this as she has contacted Jill and Samuel and requested to be on our listserve.

c. Awards Committee

Gloria and Chris agree to work on this committee. They will send out nominations and timelines.

Gloria makes a motion to change the name of the Legal Services Attorney of the Year Award to the Jim Preis Award, Richard seconds, open for discussion, no discussion, all in favor, motion carries.

Jim suggests awarding the Jim Preis award to his organization – Mental Health Advocacy Services (MHAS) and for Jim Preis to receive the Lifetime Achievement Award posthumously. The Awards Committee agrees to these two awards. Jim also requests that a Memoriam for Mort Cohen, co-counsel to the Riese case occur.

d. Decorations Committee

Jill, Wendy, Megan, Gloria and Jim agree to assist Annette with decorations.

e. Theme

The three options presented by Annette were presented again. The Board agrees to adopt the theme: Empower, Advocate and Collaborate.

C * A * M * H * P * R * A

f. Tabling

Chris will contact Annette regarding what giveaways are available and how much time was spend tabling last year. Jill will then create a schedule of time slots and send out to members to sign-up.

g. Training Topics

Discussion about input into training topics. There is not always a speaker available to train on a particular topic. Jill will share Ann's email in which she requested input on topics.

V. Coalition Reports

a. Far North: Jill Ward (Shasta)

Carol Underwood is no longer working as a PRA and is no longer working for Trinity County. Jill motions for Wendy Cheula to be the Far North Representative. None of the far north counties object. Motion carries.

Jill reports that Shasta County now has a second full-time PRA, Nicole Fischer. Nicole is already a CAMHPRA member. Connie Cessna-Smith is the new Trinity County Behavioral Health Director, she was the former Deputy Director of Siskiyou County Behavioral Health.

Josh Bryant (Sacramento)

Josh reports that their Director is retiring. Melissa (last name unknown) will be stepping in. LPS designated hospital being built, will have 150 beds. They are busy with approximately 1000 hearings per month.

Melody Beltz (Humboldt)

Melody reported that Humboldt is working on three upcoming housing projects. Beginning last summer a development in Rio Dell will include 26 units made up of studios and one0bedroom homes and will have on-site services including case management and counseling. A second project in Eureka expected to break ground in spring 2020 will include 50 mixed size apartments; 25 units will be transitional housing for veterans and 25 will be permanent supportive housing for Mental Health clients with serious mental illness who are homeless or near homelessness. The third development will be in Samoa and will be primarily for low –income families, this development will include onsite offices for DHHS staff including a full-time social worker with the possibility of a Family Resource Center to be opened at this location.

b. BayPac: Megan Wheelehan (Santa Clara)

Alameda had an incident last summer in which a person died after being released from jail. There was also a news piece on the county's emergency rooms showing the conditions (patients sleeping on the floor, etc.). A ten bed LPS designated mental health unit is being opened in the county jail. Sonoma County is having a problem with the CSU holding clients long enough to do 5250 hearings. San Francisco is working on homeless issues.

c. Central: Gloria Hernandez (Fresno County)

C * A * M * H * P * R * A

They don't meet until next week. Will report at next meeting.

d. South: Mike Phillips (San Diego) – Hospitals closing is causing a crisis in the community. The Board of Supervisors held a conference to discuss resolutions and has given them one year to do it which Mike feels is too long. The Board and Care facilities in the community are closing, no immediate solution in sight. LPS designated site with 30 beds will be opening.

VI. Reports from Meetings/Other Advocacy Organizations

- a. California Coalition for Mental Health (CCMH): No update at this time.
- b. California Office of Patients' Rights (COPR): No update at this time.
- c. Mental Health Advocacy Services (MHAS): No update at this time.
- d. California Association of Mental Health Peer Run Organizations (CAMPRO): Richard Krzyzanowski
Working on big items with a small staff. SB10 – Peer Certification current incarnation. Working with Beall as changes could be made in committee. Keeping an eye on it at every step. Governor Newsom expressed interest in working with CAMPRO. Letter was sent at Gov. Newsom's request outlining issues. Meeting to be scheduled next month.
- e. Disability Rights California (DRC) Richard Krzyzanowski
DRC is working on the same legislation as CAMPRO. They had a 40 year celebration event in which they celebrated 52 achievements (1 per week). Longtime Director, Katherine Blakemore will be stepping down in 2020. Transition plan is being worked on. Focus on conservatorship monitoring. DRC has great tools available online.
- f. California Behavioral Health Planning Council (CBHPC): Richard Krzyzanowski
Patients' Rights Committee meeting next week. AB2316 implementation being worked on. Letter being created and one approved, will go out to all Mental Health Directors. PRAT does not replace this training requirement.

VII. Public Policy

- a. SB 10: Peer Provider Certification. Two primary goals; it would require DHCS to establish a certification program for peer providers with four categories, peer, parent, transition-age and family support specialist and that the program will provide increased family support, continuum of wraparound services and individualized recovery and self-sufficiency.
- b. SB 11 – Mental Health Parity. Prohibits a mental health plan or insurer for the treatment of substance use disorders from imposing any prior authorization requirements on FDA-approved prescriptions.
- c. SB 12: Youth Mental Health Drop-In Centers. This bill would establish at least 100 youth drop-in centers across the state to address the mental

C * A * M * H * P * R * A

health needs of California youth and to allocate funding to establish these centers.

Example letters of support for these three bills were sent to the board members. Gloria makes a motion to support all three of these bills, Richard seconds, the motion carries. Jim will work with Sam on finalizing the letters of support and sending them to Senator Beall's office.

- d. Lawsuit update: George Cavalho is not on the call. Jim will follow up with George for updates.

VIII. New Business and Next Meeting; Adjourn

The next meeting will be during PRAT on Thursday, April 4, 2019 at the Holiday Inn, Sacramento.